

# POST VACCINE PLANS

We are almost 1 year into our journey with this pandemic and living with the different safety measures we put in place. During that time, we have sent out numerous communications detailing restrictions and updating you on our current COVID status. We are excited today to finally be sending out communication with plans to start unraveling our current practices for Independent Living and begin a new journey of restoring life at Concordia as we once knew it. As we evaluate what we know today about the vaccine and the number of people at Concordia who have received it, we feel that we are in a position to safely and slowly begin this process. Below are some of the highlighted changes to Independent Living we will be making beginning in March but not our full detailed list. We are very excited to see what the future holds for our Concordia Family. If you are interested in learning more about our community or visiting for a tour please reach out to us at 720-7200 or [www.concordiaseniorliving.com](http://www.concordiaseniorliving.com).

*Danny Eischen,*

Chief Executive Officer, Concordia Life Plan Community



## Dining

**As our dining room begins to resume these are the precautions we are taking to ensure it is done safely:**

- To allow for proper social distancing, tables will be spread out and we will have 2 seating times for lunch and dinner.
- Residents are asked to wear a mask when entering and exiting the dining room.
- Breakfast will continue to be delivered to resident apartments.
- Dining room will be open to Concordia residents only-no guests at this time.
- Staff members will be wearing facemasks, face shields and gloves and will keep the amount of time they are at a table to a minimum.
- Concordia Dining Staff members will clean and sanitize the dining room after each seating time.

## Transportation

**The following guidelines are set to resume transportation services to our residents:**

- We will begin to resume errand runs and shopping opportunities for our residents.
- Begin outings to outdoor locations as weather permits.
- Increase the number of resident allowed in vehicles.

## Visitors

**The following guidelines are set to resume visitation in the community:**

- No visitation hour restrictions.
- No limit on number of visitors at a time, but large gatherings in apartments are discouraged.
- Residents can visit with each other in their apartments- using masks/distancing.
- Outside vendors (home care, personal helpers) are allowed in the community on a case by case basis with prior approval.
- Residents can visit other levels of care on a case by case basis with prior approval.

## Activities

**The following guidelines are set to restart various activities in the community:**

- Begin to resume cards, dominoes and other games. Residents are asked to wear masks and not eat and drink during these activities.
- Increase the amount of residents that can attend each activity in the Chapel and Dining Room.
- Activities with Movies, Entertainers and Speakers can resume with masks, distancing and no food and drinks.
- Art Room opened for art classes with a maximum of 6 residents at a time.
- Fitness Center open 24/7 with a limited number of residents at a time. No reservations required for using exercise equipment.
- Resident should clean and sanitize equipment before and after use.

## Off Campus

**The following guidelines are set for residents to attend off campus activities and new move-ins:**

- Concordia continues to discourage residents from going to any place/event where masks are not worn by all attendees and proper distancing practices are not in place.
- New residents moving into the community who have received a full CDC approved COVID-19 vaccine administered 10+ days prior to the move-in will not be asked to quarantine, but will test prior to move-in.
- New residents moving into the community who have not received a full CDC approved COVID-19 vaccine administered 10+ days prior to the move-in will be asked to test prior to move-in and quarantine for 7 days and test on day 5.