

Concordia Health Center

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8 <small>New Year's Day</small>	9	10	11	12
<p>9:30 Fittersitter 10:00 Daily Chronicle 10:30 Bingo 11:00 Devotion w/Betty Jane 1:00 One 2 One 2:00 Art & Craft 3:00 Xbox Jeopardy 4:00 Chapel Service (GR)</p>	<p>9:30 Morning Stretch 9:45 Daily Chronicle 10:00 Bingo 10:30 Petting Paws Therapy Dog w/ Patti 2:00 Dominoes Club 3:00 Putting Golf 5:30 Finger Carroms</p>	<p>9:30 Balloon Tennis 10:00 Stronger U Fitness Class w/Chris 10:30 Sing Along 11:00 Devotion w/Muenchow 1:30 Catholic Rosary (UAR) 2:00 Rummukub 3:00 Wheel of Fortune Xbox 6:00 Bowling</p>	<p>9:30 *Field Trip* 9:30 Morning Movie 10:30 Music Therapy w/Amanda 1:00 Mexican Train Beth 2:00 Uno 3:00 Putting Golf 5:00 Scrabble w/Betty Rice 6:00 Beach Ball Tossing</p>	<p>9:30 Ribbon Dancing 9:45 Daily Chronicle 10:00 Canasta 10:00 Wii Fishing 2:00 Cooking Club: Pazooki's 3:00 Family Feud Xbox 6:00 Uno Game</p>	<p>9:30 Chair Dancing 9:45 News & Views 10:00 Bingo 10:00 Catholic Communion (GR) 12:30 Bridge Club (HCP) 2:00 Domino Club 3:00 Bob's Magic Music Machine & Dancing Sherri 6:00 Friday Movie & Popcorn</p>	<p>Friends & Family Visit 9:30 Light E Lively 9:45 Daily Chronicle 10:00 Corn Hole 1:00 One 2 One 2:00 1 to 1: Pretty Nails 3:00 Bingo 4:30 Nostalgic Matinee</p>
13	14	15	16	17	18	19
<p>9:30 Balloon Tennis 10:00 Daily Chronicle 10:30 Bingo 11:00 Devotion w/Betty Jane 1:00 One 2 One 2:00 Art & Craft 3:00 Xbox Jeopardy 4:00 Chapel Service (GR)</p>	<p>9:30 Morning Stretch 9:45 Daily Chronicle 10:00 Bingo 10:30 Petting Paws Therapy Dog w/ Patti 2:00 Dominoes Club 3:00 Entertainer: Joe B. 5:30 Finger Carroms</p>	<p>9:30 Balloon Tennis 10:00 Stronger U Fitness Chris 10:30 Sing Along 11:00 Devotion w/Muenchow 1:30 Catholic Rosary (UAR) 1:30 Caregiver Support (PDR) 2:00 Rummukub 3:00 Wheel of Fortune Xbox 6:00 Bowling</p>	<p>9:30 Move That Beach Ball 10:00 Donuts & Hot Cocoa 10:30 Music Therapy w/Amanda 1:00 Mexican Train Beth 2:00 Uno 3:00 Hospice Education Oklahoma Hospice 5:00 Scrabble w/Betty Rice 6:00 Beach Ball Tossing</p>	<p>9:30 Ribbon Dancing 9:45 Daily Chronicle 10:00 Canasta 10:00 Wii Fishing 2:00 Cooking Club: Monkey Bread 3:00 Family Feud Xbox 6:00 Uno Game</p>	<p>9:30 Chair Dancing 9:45 News & Views 10:00 DIY Craft Lets Build A Snowman 10:00 Catholic Communion (GR) 12:30 Bridge Club (HCP) 2:00 Domino Club 3:00 Bingo 6:00 Friday Movie & Popcorn</p>	<p>Friends & Family Visit 9:30 Balloon Tennis 9:45 Daily Chronicle 10:00 Parachute 1:00 One 2 One 2:00 1 to 1: Pretty Nails 3:00 Bingo 4:30 Nostalgic Matinee</p>
20	21	22	23	24	25	26
<p>9:30 Therapy Ball 10:00 Daily Chronicle 10:30 Bingo 11:00 Devotion w/Betty Jane 1:00 One 2 One 2:00 Art & Craft 3:00 Xbox Jeopardy 4:00 Chapel Service (GR)</p>	<p>9:30 Morning Stretch 9:45 Daily Chronicle 10:00 Bingo 10:00 Petting Paws Therapy Dog w/ Patti 2:00 Dominoes Club 3:00 Wine & Cheese Day & Entertainer Tom Blalock 5:30 Finger Carroms <small>Tu B'Shevat</small></p>	<p>9:30 Balloon Tennis 10:00 Stronger U Fitness Chris 10:30 Sing Along 11:00 Devotion w/Muenchow 1:30 Catholic Rosary (UAR) 2:00 Ball Cap Society 3:00 Wheel of Fortune Xbox 6:00 Bowling</p>	<p>9:30 *Field Trip* 9:30 Morning Movie 10:30 Music Therapy w/Amanda 1:00 Mexican Train Beth 2:00 Uno 3:00 Putting Golf 5:00 Scrabble w/Betty Rice 6:00 Beach Ball Tossing</p>	<p>9:30 Ribbon Dancing 9:45 Daily Chronicle 10:00 Canasta 10:30 Wii Fishing 2:00 Cooking Club: Blended Smoothie Drinks 3:00 Family Feud Xbox 6:00 Uno Game</p>	<p>9:30 Chair Dancing 9:45 News & Views 10:00 Bingo 12:30 Bridge Club (HCP) 2:00 Domino Club 3:00 Music with Mina & Casey Biggs Red Hat Society 6:00 Friday Movie & Popcorn</p>	<p>Friends & Family Visit 9:30 Light E Lively 9:45 Daily Chronicle 10:00 Corn Hole 1:00 One 2 One 2:00 1 to 1: Pretty Nails 3:00 Bingo 4:30 Nostalgic Matinee</p>
27	28	29	30	31	<p>Health Center Dining Room UAR = Assisted Living Upstairs Activity Room GR = Gathering Room in Independent Living ILDR= Independent Living Dining Room * = Weather Permitting <i>The Colors indicate the 7 realms of wellness: Physical, Spiritual, Social, Intellectual, Vocational, Environmental, Emotional</i></p>	
<p>9:30 Move That Beach Ball 10:00 Daily Chronicle 10:30 Bingo 11:00 Devotion w/Betty Jane 1:00 One 2 One 2:00 Art & Craft 3:00 Xbox Jeopardy 4:00 Chapel Service (GR)</p>	<p>9:30 Morning Stretch 9:45 Daily Chronicle 10:00 Bingo 10:30 Petting Paws Therapy Dog w/Patti 2:00 Dominoes Club 3:00 Putting Golf 5:30 Finger Carroms <small>Australia Day (observed)</small></p>	<p>9:30 Balloon Tennis 10:00 Stronger U Fitness Chris 10:30 Sing Along 11:00 Devotion w/Muenchow 1:30 Catholic Rosary (UAR) 1:30 Caregiver Support (PDR) 2:00 Ball Cap Society 3:00 Wheel of Fortune Xbox 6:00 Bowling</p>	<p>9:30 Move That Beach Ball 10:00 Donuts & Hot Cocoa 10:30 Music Therapy w/Amanda 1:00 Mexican Train Beth 2:00 Uno 3:00 Bulletin Board Project 3:30 Putting Golf 5:00 Scrabble w/Betty Rice 6:00 Beach Ball Tossing</p>	<p>9:30 Ribbon Dancing 9:45 Daily Chronicle 10:00 Canasta 10:00 Wii Fishing 2:00 Cooking Club: Cookies 3:00 Service Project 3:30 Family Feud Xbox 6:00 Uno Game</p>		

All Activities are subject to change without notice. All changes will be posted. * Weather Permitting* All Activities will be held in the Parlor unless identified as otherwise. HCDR = Health Center Dining Room