

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<h1 style="text-align: center;">January 2019</h1> <h2 style="text-align: center;">MEMORY SUPPORT</h2>		<p>9:00 Movement is Medicine 10:00 Manicures 11:00 Daily Inspiration 12:00 Rev. Fred Muenchow 1:00 Catholic Rosary (aluar) 1:00 Wellness w/Chris 2:00 Reader's Circle 3:00 ***5IVE STRAIGHT*** 4:00 Creative Writing 5:00 Adult Color Pages 6:00 ONE 2 ONE-Sensory</p> <p style="text-align: center;">New Year's Day</p>	<p>9:00 Fitter Sitter 10:00 'Response Cards' 10:30 Crossword 11:00 Daily Inspiration 1:00 Reader's Circle 2:00 Indian Chief Project 2:30 Fill in the Blanks 3:00 Show and Share 3:30 Devotional Color Pages 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sit Down Dancing 10:00 'It's a Fact' 10:30 Stamp out Boredom 11:00 Daily Inspirations 1:00 Bible Study 1:30 Trivia 2:00 ***LET'S DISCOVER CHILE 3:00 Bingo w/Joan 4:00 Reader's Circle 5:00 Dominoes 6:00 ONE 2 ONE-Sensory</p>	<p>9:00 Morning Stretch 9:30 Best Wishes 10:00 Crossword 10:00 Catholic Communion (ilgr) 11:00 Daily Inspiration 1:00 Outburst 2:00 Bob Merrill Plays 3:30 'Creative Forecasting' 4:00 Fill in the Blanks 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sing-a long 10:00 Laughter Is the Best Medicine 11:00 Daily Inspiration 1:30 Daily Chronicle 2:00 Trivia 2:30 Ball Toss 3:00 ONE 2 ONE-Sensory 4:00 Spelling Bee 5:00 Dominoes</p>		
		<p>9:00 Devotional Hymns Sing-a-long 10:30 Ball Toss 11:00 Daily Inspiration 1:30 Bingo 3:00 Sunday Movie &amp; Popcorn 5:00 Adult Coloring Pages 6:00 ONE 2 ONE Sensory Action Station</p>	<p>9:00 Easy Yoga 10:00 'It's a Fact' 11:00 Pet Therapy 11:00 Daily Inspiration 1:00 Trivia 1:30 Indian Chief Project 2:30 Show and Share 3:30 'Creative Forecasting' 4:00 Fill in the Blank 5:00 Dominoes 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Movement is Medicine 10:00 Manicures 11:00 Daily Inspiration 12:00 Rev. Fred Muenchow 1:00 Wellness w/Chris 1:30 Catholic Rosary (aluar) 2:00 KAM BRAD ON VIOLIN 3:00 ***5IVE STRAIGHT*** 4:00 Creative Writing 5:00 Adult Color Pages 6:00 ONE 2 ONE-Sensory</p>	<p>9:00 Fitter Sitter 10:00 'Response Cards' 10:30 Crossword 11:00 Daily Inspiration 1:15 Scenic Drive 2:00 Indian Chief Project 2:30 Finish the Phrase 3:00 Show and Share 3:30 Devotional Color Pages 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sit Down Dancing 10:00 'It's a Fact' 10:30 Stamp out Boredom 11:00 Daily Inspirations 1:00 Bible Study 1:30 Trivia 2:00 ***THE CUSTOMS OF CHILE 3:00 Bingo w/Joan 4:00 Reader's Circle 5:00 Dominoes 6:00 ONE 2 ONE-Sensory</p>	<p>9:00 Morning Stretch 9:30 Best Wishes 10:00 Crossword 11:00 Daily Inspiration 1:00-3:00 Tom Barnard's Book Signing (AL Lobby) 1:00 Outburst 2:00 Friday Flick 3:30 'Creative Forecasting' 4:00 Fill in the Blanks 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sing-a long 10:00 Laughter Is the Best Medicine 11:00 Daily Inspiration 1:30 Daily Chronicle 2:00 Trivia 2:30 Ball Toss 3:00 ONE 2 ONE-Sensory 4:00 Spelling Bee 5:00 Dominoes</p>
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		<p>9:00 Devotional Hymns Sing-a-long 10:30 Ball Toss 11:00 Daily Inspiration 1:30 Bingo 3:00 Sunday Movie &amp; Popcorn 5:00 Adult Coloring Pages 6:00 ONE 2 ONE Sensory Action Station</p>	<p>9:00 Easy Yoga 10:00 'It's a Fact' 11:00 Pet Therapy 11:00 Daily Inspiration 1:00 Trivia 2:00 Tom Blalock Plays 3:00 Show and Share 3:30 'Creative Forecasting' 4:00 Fill in the Blanks 5:00 Dominoes 6:00 ONE 2 ONE- Sensory</p> <p style="text-align: center;">Martin Luther King Day Tu B'Shevat</p>	<p>9:00 Movement is Medicine 10:00 Manicures 11:00 Daily Inspiration 12:00 Rev. Fred Muenchow 1:00 Wellness w/Chris 1:30 Catholic Rosary (aluar) 2:00 Reader's Circle 3:00 ***5IVE STRAIGHT*** 4:00 Creative Writing 5:00 Adult Color Pages 6:00 ONE 2 ONE-Sensory</p>	<p>9:00 Fitter Sitter 10:00 'Response Cards' 10:30 Crossword 11:00 Daily Inspiration 1:15 Scenic Drive 2:00 Indian Chief Project 2:30 Finish the Phrase 3:00 Show and Share 3:30 Devotional Color Pages 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sit Down Dancing 10:00 'It's a Fact' 10:30 Stamp out Boredom 11:00 Daily Inspirations 1:00 Bible Study 2:00 ***CHILEAN TRIVIA 3:00 Bingo w/Joan 4:00 Reader's Circle 5:00 Dominoes 6:00 ONE 2 ONE-Sensory</p>	<p>9:00 Morning Stretch 9:30 Best Wishes 10:00 Crossword 11:00 Daily Inspiration 1:00 Outburst 2:00 RED HAT SOCIETY 3:30 'Creative Forecasting' 4:00 Fill in the Blanks 5:00 Library Review 6:00 ONE 2 ONE- Sensory</p>	<p>9:00 Sing-a long 10:00 Laughter Is the Best Medicine 11:00 Daily Inspiration 1:30 Daily Chronicle 2:00 Trivia 2:30 Ball Toss 3:00 ONE 2 ONE-Sensory 4:00 Spelling Bee 5:00 Dominoes</p>
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The Colors Indicate the 7 Realms of Wellness: Intellectual, Emotional, Social, Vocational, Spiritual, Physical, and Environmental